St. Jerome's Parish, Brampton JUBILEE YEAR 2025 - PILGRIMS OF HOPE

The Catholic Church worldwide is celebrating a special Jubilee Year in 2025. This has been a tradition dating back to the year 1300 when Pope Boniface VIII announced the first Jubilee, which is also referred to as a "Holy Year". The frequency has changed over time, with a Jubilee year originally celebrated every 100 years, later every 50 years and, more recently, every 25 years or at the request of the Holy Father. The theme of the 2025 Jubilee will be "Pilgrims of Hope". In the words of Pope Francis: "We must fan the flame of hope that has been given us and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart and far-sighted vision."

The Holy Father opened the Jubilee Year on December 24, 2024, with the official opening of the Holy Door of Saint Peter's Basilica and continuing until January 6, 2026, the Solemnity of the Epiphany, with the closing of the Holy Door.

In the Archdiocese of Toronto, we opened the Jubilee Year with a Solemn Opening Mass on Sunday, December 29, 2024 at St. Michael's Cathedral Basilica. May this Holy Year provide a grace-filled opportunity to nurture the seeds of faith for you and your loved ones, immersing ourselves as Pilgrims of Hope into a year-long journey of prayer, witness, and service drawing on the example of Jesus, our Lord.

THE GREAT OPPORTUNITY TO GET THE PLENARY INDULGENCES DURING THIS JUBILEE YEAR.

1. What is an indulgence?

An indulgence is the remission of temporal punishment due to sins already forgiven. Sin is both personal and social; it leaves a mark on the individual soul and has an effect on the lives of others. In the Sacrament of Reconciliation our sins are forgiven, and we are restored to a state of grace, but the aftermath of our sin remains. Indulgences work to remedy this both in this world and the next, for ourselves or those who have gone before us into eternal life. As a remission of temporal punishment, indulgences can be partial or plenary depending on whether part or all of the temporal punishment due to sin has been remitted. Indulgences truly are an outpouring of God's abundant grace and mercy. For more information, see Catechism of the Catholic Church, paragraphs 1471 - 1479.

2. What is the Jubilee Indulgence?

The Jubilee Indulgence is a plenary indulgence which thanks to the power of prayer, is intended in a particular way for those who have gone before us, so that they may obtain full mercy. It may also be sought for oneself. It is a way of discovering the unlimited nature of God's mercy. During a Jubilee Year, which normally happens every 25 years, all other indulgences previously granted remain in force and may be obtained by the faithful.

3. How is the Jubilee Indulgence obtained?

It is obtained in the same manner as any plenary indulgence. One who is truly repentant and free from any attachment to or desire for sin, moved by a spirit of charity, must perform a prescribed act to be able to obtain the Jubilee Indulgence.

THE PERSON MUST ALSO GO TO_CONFESSION (WITHIN SEVERAL DAYS BEFORE OR AFTER THE PRESCRIBED ACT), RECEIVE HOLY COMMUNION AND PRAY FOR THE INTENTIONS OF THE POPE (SPECIFICALLY PRAYING ONE OUR FATHER AND ONE HAIL MARY). The Jubilee Indulgence may be applied in suffrage to the souls in Purgatory, which is a most commendable act of mercy itself. For more information, see The Gift of the Indulgence.

4. What are the ways in which a plenary indulgence can be obtained?

A plenary indulgence can be obtained through the following ways:

- o Pilgrimages;
- Pious visits to sacred places;
- Works of Mercy and Penance.

5. What do you do when you make a pilgrimage?

At any Designated Jubilee Pilgrimage Site, devoutly participate in:

Holy Mass (including the Profession of Faith if not already included in the Mass);	the Way of the Cross;
A ritual Mass for the conferral of the sacraments of Christian initiation or the Anointing of the Sick;	the Marian Rosary;
a Celebration of the Word of God (including the Lord's Prayer and Profession of Faith);	a penitential celebration with individual Confession;
the Liturgy of the Hours;	the recitation of the Akathist hymn.

6. What do you do when you visit a Designated Jubilee Pilgrimage Site?

When you arrive at a Designated Jubilee Pilgrimage Site, whether in a group or as an individual, spend a suitable length of time in Eucharistic Adoration concluding with the Lord's Prayer, Profession of Faith and invocations to Mary. The Lord's Prayer and the Profession of Faith are necessary to obtain the indulgence.

7. What are the Designated Jubilee Pilgrimage Sites in the Archdiocese of Toronto?

The following churches have been chosen as Designated Jubilee Pilgrimage Sites of the Archdiocese of Toronto for the Ordinary Jubilee Year 2025:

- a. Archdiocesan: St. Michael's Cathedral Basilica, Toronto
- b. **Central Region:** St. Paul's Basilica, Toronto; St. Mary's Parish, Toronto (Bathurst Street); St. Edward the Confessor Parish, North York
- c. Western Region: Our Lady of Sorrows Parish, Etobicoke; St. Mary's Parish, Brampton
- d. **Eastern Region:** St. Barnabas Parish, Scarborough; St. Gregory the Great Parish, Oshawa
- e. Northern Region: St. Padre Pio Parish, Kleinburg; St. Mary's Parish, Barrie
- f. Shrine: Martyrs' Shrine, Midland

8. What about people who cannot make a pilgrimage or visit a Designated Jubilee Pilgrimage Site? How can they receive the Jubilee Indulgence?

Many people, including the elderly, the sick, prisoners, and others are not capable of making a pilgrimage or visiting a Designated Jubilee Pilgrimage Site during the Jubilee Year. We are reminded in these circumstances that God's mercy extends to all people. Thus, the confined person is called to unite in spirit with the faithful taking part in person, especially when the words of the Pope or the Bishop are transmitted through means of communication. For more information, see the <u>Jubilee</u> Indulgence Resource.

- 9. What are the specifications to obtain the Jubilee Indulgence by practising works of mercy? One may participate in either a popular mission, spiritual exercises, formation activities on the documents of Vatican II and the Catechism of the Catholic Church, or by following the usual spiritual, sacramental and prayer conditions, the Spiritual and Corporal Works of Mercy, which are: feed the hungry; give drink to the thirsty; clothe the naked; welcome the stranger; heal the sick; visit the imprisoned; bury the dead; counsel the doubtful; instruct the ignorant; admonish sinners; comfort the afflicted; forgive offenses; bear patiently those who do us ill; pray for the living and the dead.
- 10. What are the specifications for penance? Rediscover the penitential nature of Friday; (see "Keeping Friday"), abstain from futile distractions and superfluous consumption; donate a proportionate sum of money to the poor; support works of a religious or social nature (e.g. defense and protection of life); support efforts for quality of life of abandoned children, young people in difficulty, the lonely, elderly and migrants; dedicate free time to voluntary activities in the community.

INTENTIONS OF POPE FRANCIS FOR THE JUBILEE YEAR 2025:

January: For the right to an education

<u>February:</u> For vocations to the priesthood and religious life

March: For families in crisis

<u>April:</u> For the use of the new technologies

May: For working conditions

<u>June:</u> That the world might grow in compassion

July: For formation in discernment

August: For mutual coexistence

<u>September:</u> For our relationship with all of creation

October: For collaboration between

different religious traditions

November: For the prevention of

suicide

<u>December:</u> For Christians in areas of conflict

Jubilee Prayer

Father in heaven, may the *faith* you have given us in your son, Jesus Christ, our brother, and the flame of *charity* enkindled in our hearts by the Holy Spirit, reawaken in us the blessed *hope* for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. **Amen.**

ST. JEROME'S PARISH IN SUPPORT OF THE JUBILEE INDULGENCES:

WEEKDAY MASSES:

Monday to Saturday: | 9:10am & Friday: |7:00pm (Holy Hour | 6:00pm) SUNDAY EUCHARIST:

5:00pm Mass Saturday Vigil,

On Sunday: 8:00am | 10:00am | 12:00pm | 5:00 pm

All in English

SACRAMENT OF RECONCILATION:

Every Friday 6:00pm-6:45pm, Every Saturday 8:30-9:00am During Lent and Advent: Monday to Friday Evening 6:15-6:50pm

JUBILEE YEAR MISSION:

Encourage and bring back a friend or family member who turned away from Catholic Faith due to various reasons.

PILGRIMAGES:

Pilgrimages to the Shrines: Pilgrimage to Churches in Quebec and Montreal on June 14, 15, 16. (2025) More details will follow.

Pilgrimage to Martyr Shrine: 24 August 2025 (Bishop's Mass)

Small groups walking Rosary Pilgrimage to St. Mary's Church, Brampton, Holy Rosary at 7:00pm and Holy Mass at 7:30pm on May 29, 2025,

Pilgrimage to Turkey and Greece (In the footsteps of St. Paul): October 7-October 17 (2025)

